

# How to make a referral

A young person must consent before you make a referral. A person with parental responsibility must also consent to engage the young person if they are under 16.

**Call:**  
01452 228 802

**Email:**  
[streetreferrals@victimsupport.org.uk](mailto:streetreferrals@victimsupport.org.uk)  
for a referral form

**Online:**  
[www.ygtglos.org.uk](http://www.ygtglos.org.uk)

We aim to review each referral within one working day. Initial contact is provided by a Domestic Abuse Practitioner between 1–10 working days dependent on risk. A thorough needs assessment is completed to assess the level of support we can offer.

Where a young person has experienced domestic or teenage relationship abuse from a partner, ex-partner or family member within the last three months, a Young Persons DASH risk assessment should be completed and submitted as part of the referral.



STREET Gloucestershire is commissioned by Gloucestershire County Council.



A service by:



# STREET

## GLOUCESTERSHIRE

Supporting healthy teenage relationships

# The Safe Teenage Relationship Education and Empowerment Team



# The **S**afe **T**eenage **R**elationship **E**ducation and **E**mpowerment **T**eam

**STREET** provides specialist support to young people affected by domestic and teenage relationship abuse. This **free, confidential and independent service is open to young people aged 13–19 living or being educated in Gloucestershire.**

Young people are disproportionately affected by domestic abuse. They may see it at home or experience it in their own relationships. Some may also be struggling with their own harmful behaviour in their close relationships.

**STREET aims to support young people to be:**

- safer and less fearful
- able to recognise and avoid risky behaviours
- less likely to be re-victimised
- confident and well-supported to move on positively from their experiences.

We will always ask for permission to share a young person's information. We will only share information without their permission if we are worried about their safety, someone else's safety, or have a safeguarding concern.

## Support available

### Young Persons Violence Advisor (YPVA)

Specialist YPVAs provide one-to-one support for young people experiencing **higher risk** abuse in their relationship, exposed to domestic abuse or displaying harmful behaviours.

YPVAs work alongside a young person to reduce risk, increase protective factors and develop resilience. This includes emotional and practical support, such as safety planning, increasing self-esteem, and understanding abusive relationships.



### Group work

**The Recovery Toolkit** is an eight week trauma informed programme that helps young people come to terms with their experiences of domestic abuse, develop coping strategies and achieve positive future relationships with family members and peers. Activities cover a range of topics including self-esteem, gender roles, safety planning and healthy relationships.

**uMatter** is a five week early intervention programme, it helps participants who are displaying unhealthy behaviours towards a carer, sibling\* or in their own relationships. They are supported to understand their thoughts, feelings and behaviours, explore anger and aggression and develop new and healthy coping strategies or techniques to change their behaviours.

### One-to-one support

Available for young people who are unable to access group support. This is offered on a case-by-case basis dependant on the individual circumstances of the young person.

Groups are delivered online and at community venues across Gloucestershire.

\*Must be a history of witnessing Domestic Abuse within the family.

**A free, independent and confidential service in Gloucestershire for young people affected by domestic abuse**